

# Cameron Park CSD

## Memo

To: Field and Gym User Groups

From: Cameron Park Community Services District Recreation Department & Risk Manager

cc: CPCSD General Manager, Jill Ritzman

Date: October 28, 2020

Re: Youth Sports Guidance for Field and Gym Usage During COVID-19 Pandemic

---

As the Cameron Park Community Services District continues to allow our Community Partners to resume field and facility rentals for youth sports, we want to make sure it is abundantly clear to all of our user groups that there are a number of guidelines that must be adhered to in order for us to continue to grant access to use of our spaces. *Please Note: This memo and waiver were updated on August 14<sup>th</sup> and October 28<sup>th</sup> to reflect new [guidance from the State](#).*

Staff have been in contact with the El Dorado County Public Health Officer, Dr. Nancy Williams to before we began to resume field, gymnasium and pool rentals. This document will be for field and gymnasium users, as the pool has an entirely new operational plan that will be given to pool user groups. Please know that it is imperative that all of our user groups are heeding the guidelines and strictly enforcing the protocols as outlined by Public Health Officials, some of which are outlined below:

- Gathering of people poses risk, implementing physical distancing of 6' or more and face coverings reduces this risk
  - Sports groups need to avoid people facing one another and talking (shouting, singing, coughing, or sneezing, etc.) within a distance of less than six feet.
- Tournaments, events, or competitions/games are not permitted
- Only sports conditioning within stable cohorts is permitted at this time
- Preventive measures through the policies described in the guidelines are important and include:
  - Groups gathering to train and condition together need to be a **stable cohort**
    - On August 3, 2020 the State released [new guidelines](#) that included this additional safety measure
    - A stable cohort consists of the same players and coaches throughout the duration of your requested reservation
      - All user groups must communicate with their teams/families that

siblings, friends, etc... should not be attending practices with the player and Teams need to be mindful of keeping player groups the same for the entirety of the reservation.

- Users need to also build time into their reservations to accommodate different cohorts coming and going from the facility
- Oversight and enforcement of the 6' of physical distancing between players and coaches should be adhered to during all conditioning and training
- Home health screenings of participants before arriving to a training session, or teams implementing their own health screening and temperature checks of players and coaches upon arrival;
  - Of course people feeling ill or experiencing [symptoms of coronavirus](#) should not attend training sessions
- Equipment: Sports equipment should be designated and marked for each cohort youth sports group
  - This equipment should not be allowed to be used by other cohorts
  - Sanitize all sports equipment for each cohort youth after they are collected and before they are returned to circulation
- Frequent hand washing or sanitizing when water and soap are not available.
  - Providing scheduled handwashing/sanitizing breaks as you would water breaks is highly encouraged.
  - Providing sanitizer for your teams or requesting your players to bring their own is also highly encouraged.
- Limiting the number of participants gathered at a time and discouraging spectators or gathering before/after training session
  - The maximum number of people allowed in the Gymnasium is 25 (this includes coaches and players)
  - Spectators are not allowed in our indoor spaces for sports teams.
  - For field use, spectators are discouraged, but 6' distance on the sidelines must be enforced by the user group's representatives/coaches.
- For Contact Tracing purposes, User Groups using our facilities will need to keep attendance records (including coaches) for each training session.
  - Should anyone from your group test positive, the CSD would need to be alerted so we can take the next appropriate steps.
- Eliminate seeds, gum and anything else that encourages hands to mouth during field reservations.
- Provide/send a copy of these protocols to all of your players and parents to ensure they are aware and able to comply with these guidelines.
- Under the [Youth Sports Guidance](#) there are specific regulations as it relates to indoor facilities. El Dorado County is currently permitted to have indoor fitness facilities open, so we will allow users to rent the gym as long as they can adhere to the new face covering guidance, as stated below:
  - “Consistent with guidance for gyms and fitness facilities, **cloth face coverings must be worn during indoor physical conditioning and training...** Activities conducted inside should be those that do not require heavy exertion and can be done with a face covering. Players should take

a break from exercise if any difficulty in breathing is noted and should change their mask or face covering if it becomes wet and sticks to the player's face and obstructs breathing."

- Anyone entering the gymnasium during a rental needs to be wearing a mask, including coaches, parents, players, and CSD staff throughout the entire time they are in the facility.

Lastly, we would like to thank our user groups in advance for working with us during this unprecedented time. As the Recreation Department, we feel very strongly about the importance of our residents having access to recreational opportunities when it can be done in a safe and controlled way. If we all work together by adhering to the guidelines, we will be able to afford these opportunities to the youth in our community via our partnering sports groups.

While we will not be on site at every one of the rentals that will be taking place at our facilities, we are placing trust in you, our users to abide by everything we have outlined in this document and trust that you will work with and train your coaches, educate you players and their parents on what the current guidelines entail. Should you have any questions or would like to discuss this further, please email Recreation Supervisor, Whitney Kahn at [wkahn@cameronpark.org](mailto:wkahn@cameronpark.org) Thank you!

## COVID-19 Waiver & Disclaimer for CPCSD Fields and Facilities

COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a means to reduce the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in Cameron Park Community Services District programs or accessing CPCSD facilities could increase the risk of contracting COVID-19. CPCSD in no way warrants that COVID-19 infection will not occur through participation in CPCSD programs or accessing CPCSD facilities.

**Failure to comply with all applicable laws, guidelines, protocols, and preventative measures related to COVID-19, including but not limited to the guidelines issued by the Center for Disease Control and the orders issued by the California Department of Health and El Dorado County Health, may result in the immediate revocation of your reservation.**

1. By receipt of this permit, the permittee acknowledges and adheres to the CDC guiding principles to help lower the risk of COVID-19 exposure and reduce the spread. For details, please refer to: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
  - a. All participants and spectators must adhere to six-foot physical distancing before, during, and after all events at CPCSD Facilities.
  - b. Individuals should not congregate at the fields or in the parking lots prior to or following the event or practice.
  - c. Cohorts should have equipment that is not shared and kept separate from other cohorts. This includes equipment and water coolers or shared drinking stations.
  - d. Users of CPCSD Facilities must establish **stable cohorts** and only use facilities to conduct training/conditioning, as anything resembling game play outside of the stable cohort is prohibited.
  - e. User groups inside the gymnasium must adhere to the updated face covering guidelines.
  - f. All guidelines listed in the attached memo will need to be adhered to, as well as the previously listed protocols.
2. These requirements in the preceding Memo must be shared prior to the first reservation of your rental with all players, coaches, spectators, and employees prior to their arrival at the field or facility.
3. Failure to adhere to these guidelines may result in termination of our agreement to use the CPCSD fields/facilities and possible use in the future.

User Signature: \_\_\_\_\_

Recreation Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_