



## Parent/Guardian Packet & Camper Registration/Information Forms

Welcome to the Cameron Park CSD Summer Camp Program!

Thank you for enrolling your child in the Cameron Park CSD Summer Day Camp program. Please familiarize yourself with this packet and return completed registration forms via email to [CLowe@cameronpark.org](mailto:CLowe@cameronpark.org) or to the CSD front office, located at 2502 Country Club Drive, Cameron Park, CA 95682. **Every child MUST have these forms on file to be left under the supervision of the camp staff.** Children will not be admitted into camp without completed forms.

### Camp Phone Numbers and Contact Information:

**Hayley Sadecki**  
Interim Recreation Supervisor  
Work/Desk: 530-677-2231 ex: 122  
Email: [HSadecki@cameronpark.org](mailto:HSadecki@cameronpark.org)

**Clarissa Lowe**  
Recreation Coordinator  
Work: 530-929-7528  
Email: [CLowe@cameronpark.org](mailto:CLowe@cameronpark.org)

### Camp Policies & Procedures:

Every participant must have a completed Emergency/Medical Form which is necessary to provide current medical needs and information. Parents will be responsible for completing the form prior to their child's first session. It is the parent's responsibility to update any changes in emergency information. If your child is seriously injured, the Site Director will contact emergency medical assistance. The Emergency Form is where you need to list any special information that staff might need to know about your child such as allergies, medication, or other necessary program modifications/accommodations.

### Camp Schedules:

A weekly schedule with information about the happenings will be displayed at camp each Monday. Due to extreme temperatures in the summer, the schedule may be subject to change except for swimming, which will take place Monday through Thursday from 1:30pm to 3:00pm. A sample layout of what our daily schedule will look like is below. **\*\*Please note this is not guaranteed but will be a general guide.\*\***

Time	Cohort 1 (Ages 5-8)	Cohort 2 (Ages 9-12)
12pm – 1pm	<b>Drop-off/Lunch</b>	<b>Drop- Off/Lunch</b>
1:00-1:30pm	Sunscreen/Swimsuit Change	Sunscreen/Swimsuit Change
1:30pm-3:00pm	<b>Swimming at CSD Pool</b>	<b>Swimming at CSD Pool</b>
3:00pm-3:15pm	Come Inside & Get Snack	Come Inside & Get Snack
3:15pm-4:15pm	Weekly themed Recreation Curriculum	Weekly themed Recreation Curriculum
4:15pm-5:00pm	Recreation Craft/Game/Demonstration Pick up at <b>CSD Classroom A</b>	Recreation Craft/Game/Demonstration Pick up at <b>CSD Classroom B</b>



## Daily Check In and Out Procedures:

All campers must be checked in and out by an adult providing identification. Please note, NO child will be released to anyone who is not listed on the bottom of their Emergency Form kept on file. All notes are brought in by a participant must be verified by the Recreation Coordinator, Clarissa Lowe. The combination of verbal and written communication is ideal to ensure the safety of your child.

**Drop off time begins at noon. If arriving later, parents must notify the Site Director. Pick up time from the program is at 5:00pm. If a participant is picked up after this time, you will be charged a late fee of \$2 per minute.**

**\*Detailed drop off and pick up instructions will be emailed to registered participants just before the registered weeks of camp. Please be sure to have a valid email address in our registration system.**

## To Summer Camp CP Parents:

We are pleased to include the Cameron Park Aquatics Center as part of your child's camp experience. To help ensure a fun, safe experience for everyone, we want to provide you with the following information:

**All Camp CP participants will be put through a swim test at the beginning of the session.** They must pass the swim test to go in the deep end of the pool. If your child cannot swim, you must send them with an US Coast Guard approved life jacket to swim in the pool.

The Aquatics Center is a large facility with one large pool split into two areas by ropes.

- Deep End of the Pool – The pool ranges from 4 ½ feet – 7 1/2 feet in depth. The deep end is designed for more experienced swimmers. (Life jackets are not permitted in this end of the pool)
- Shallow End of the Pool - This pool is 2½ feet to 4 ½ feet in depth. It is designed for swim instruction and less experienced swimmers.
- There are restrooms and shower facilities.

## Illness Policy:

If your child becomes ill or injured at the program, you will be immediately contacted and will be expected to pick up your child **within one hour** (you or an emergency contact listed on your Emergency Form List). Children will not be allowed in the program if they are ill, have head lice, or any communicable disease. Children must then be free from all symptoms for 24 hours before they will be permitted to return to the program. The program's staff members have the right to refuse any child who shows signs of illness from camp.

If a child is taking a prescribed medication, the site leader can administer medication **only** if they have a completed medical form on file which is obtained on the first day of the program. Your child may not keep any medication in their personal bags. All medications must be given to the Site Leader.

## Spare the Air Days:

In the event of a "Spare the Air Day", we will halt all outdoor activities and go inside if the AQI hits 150 or above.



## Discipline Policy:

Inappropriate behavior will be addressed promptly. The situation will be discussed by the staff and the participant(s) involved. The parent(s)/guardian(s) of the child(s) will be made aware of the situation at the end of the day of camp, or, if necessary, will be called during camp.

The following disciplinary format is used:

- 1st Offense - Warning.
- 2nd Offense - Removal from activity and loss of portion of swim time for that day.
- 3rd Offense - Removal from activity. Child will speak with the Recreation Coordinator and parent/guardian will be contacted.

Possible consequences include a "cool off" period where the child will sit out from an activity. If a child is physically aggressive, uncooperative, violent, or disrespectful, the child will be sent home. Parents/guardians will always be notified the day of a behavioral or an incident/accident if their child was involved. Further offenses may result in the child being sent home or suspended from one or more full days of camp. If the behavior is such that the child is a danger to themselves or others, or is interfering with the program, you may be asked to pick up your child immediately. **No refund will be issued for children missing camp due to negative behavior exhibited by them.**

- 3rd Offense - Permanent removal from the program.

The actions taken by staff will be governed by the age of the child and the behavior. If the staff feels the child is a danger to him/herself or others, they will be immediately suspended from the program. Our program is recreational in nature; staff is not trained in psychological or behavioral disorders. Staff will attempt to work with the child and the parent/guardian within reason, however, the safety of all the children and our staff is paramount. No child will be allowed to participate if they threaten the safety of others.

## Camp Attire:

Our youth programs include a variety of indoor and outdoor activities. We recommend that participants dress comfortably and are prepared for "messy" or "physical" activities. **Only athletic type shoes are allowed to be worn to camp. Sorry, NO flip flops or sandals are permitted except to wear during pool hours**

## Camp Fees:

All our programs are supported by participant fees. Camp fees are all inclusive: it covers the Special Guest/Activity costs, Aquatics Center fees, and of course staffing, general camp supplies, etc... We will strive to maintain affordable prices while offering a quality program and ask for your understanding in our operating policies:

- Payment must accompany registration forms to guarantee space in our programs. Registration is open if space is available. There are **no refunds** after the program begins unless camp closes due to unforeseen circumstances. Full refunds will be given if a program is canceled by Cameron Park CSD. **Participants canceling from a camp program must inform us by Friday, 4:00 p.m., two weeks prior to the program to receive a credit to the CSD.**



## Notes to the Parents:



1. Please provide two nutritious snacks, lunch, and a **water bottle** for your child.
2. To ensure a good start to your child's day, please feed your child a nutritious breakfast.
3. **Please send your child to camp everyday with sunscreen already applied as staff members will not be applying sunscreen to campers.** They will remind campers to reapply and will monitor camper's application - encouraging them to make sure they are adequately covered. We ask parents to practice this skill at home before camp starts so your camper will be successful in this task.
4. ALL personal items should be left at HOME. **Handheld video games, trading cards and toy weapons, toys/stuffed animals are not permitted.**
5. Space for camper's belongings is VERY limited. Please only send your camper with a SMALL backpack filled with a lunch, water bottle, towel, and swim clothes.
6. Remember to pack a towel, sunscreen that your camper knows how to apply, and a change of clothes for the pool.
7. Items left "unclaimed" will be donated to charity one week after the program is concluded.
8. Daily crafts should be taken home at the end of each day. Any crafts left over at the end of the week will be thrown out.
9. Anyone who is not feeling well is expected to stay home.

**Communication on Site:** The Camp Site Director will be always equipped with the camp phone. The number to that phone will be posted on the white board at check-in. Please only utilize this number if you absolutely have too.

To further ensure that your child has a good experience at the pool please apply sunscreen to your child PRIOR to their arrival to camp. You may send additional sunscreen with them. We recommend that they bring sandals to wear on the pool deck. Pool rules are explained to the children prior to reaching the pool deck. Children that do not comply with these rules may be required to stay with staff on the pool deck.

If you have concerns about your child's swimming ability, or any other concerns regarding the Aquatics facility, please notify the Camp Supervisor. You can also contact the Recreation Coordinator, Hayley Sadecki, at (530)-677-2231 or by email at [HSadecki@cameronpark.org](mailto:HSadecki@cameronpark.org).

Sincerely,

*Hayley Sadecki*

Hayley Sadecki  
Interim Recreation Supervisor  
Cameron Park Community Services District  
(530)677-2231 ex: 122