



Parent/Guardian Packet

Welcome to the Cameron Park CSD Fall Break Youth Camp Program!

Thank you for enrolling your child in the Cameron Park CSD Fall Break Youth Camp program. Please familiarize yourself with this packet and return completed registration forms via email to recreation@cameronpark.org or to the CSD front office, located at 2502 Country Club Drive, Cameron Park, CA 95682. **Every child MUST have these forms on file to be left under the supervision of the camp staff.** Children will not be admitted into camp without completed forms.

Camp Phone Numbers and Contact Information:

Clarissa Lowe
Recreation Supervisor
Work/Desk: 530-677-2231 ext. 120
Email: clowe@cameronpark.org

Chelsea Foreman
Recreation Coordinator
Work: 530-677-2231
Email: recreation@cameronpark.org

Camp Policies & Procedures:

Every participant must have a completed Emergency/Medical Form which is necessary to provide current medical needs and information. Parents will be responsible for completing the form prior to their child's first session. It is the parent's responsibility to update any changes in emergency information. If your child is seriously injured, the Site Director will contact emergency medical assistance. The Emergency Form is where you need to list any special information that staff might need to know about your child, such as allergies, medication, or other necessary program modifications/accommodations.

Camp Schedules:

Due to unforeseen weather in the Fall, the schedule may be subject to change except for swimming, which will take place Monday through Friday from 1:00 pm to 3:00 pm. A sample layout of what our daily schedule will look like is below. ****Please note this is not guaranteed, but will be a general guide.****

<i>Time</i>	<i>Activity</i>
8am – 8:30am	Drop-off
8:30am-11:45am	Various Education and Sports Activities
11:45am-12:30pm	Lunch
12:30pm-1:00pm	Sunscreen / get dressed for Pool *weather permitting* Swim Time
1:00pm-3:00pm	
3:00pm-3:30pm	Shower/Change
3:30pm-4:30pm	Craft or Sports Activity
4:30pm-5:00pm	Pick up at CSD Classroom A



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Daily Check In and Out Procedures:

All campers must be checked in and out by an adult providing identification. Please note, NO child will be released to anyone who is not listed in the Authorized Pickup in the registration system. All notes brought in by a participant must be verified by the Recreation Coordinator, Chelsea Foreman. The combination of verbal and written communication is ideal to ensure the safety of your child.

Drop-off time begins at 8:00 am. If arriving later, parents must notify the Site Director. Pick-up time from the program is at 5:00 pm. If a participant is picked up after this time, you will be charged a late fee of \$2 per minute.

***Detailed drop-off and pick-up instructions will be emailed to registered participants just before the registered week of camp. Please be sure to have a valid email address in our registration system.**

To Fall Break Youth Camp Parents:

We are pleased to include the Cameron Park Aquatics Center as part of your child's camp experience. To help ensure a fun, safe experience for everyone, we want to provide you with the following information:

All Fall Break Youth Camp participants will be put through a swim test at the beginning of the session. They must pass the swim test to go in the deep end of the pool. If your child cannot swim, you must send them with a US Coast Guard-approved life jacket to swim in the pool.

The Aquatics Center is a large facility with one large pool split into two areas by ropes.

- Deep End of the Pool – The pool ranges from 4 ½ feet to 7 1/2 feet in depth. The deep end is designed for more experienced swimmers. (Life jackets are not permitted at the end of the pool)
- Shallow End of the Pool - This pool is 2½ feet to 4 ½ feet in depth. It is designed for swim instruction and less experienced swimmers.
- There are restrooms and shower facilities.

Illness Policy:

If your child becomes ill or injured at the program, you will be immediately contacted and will be expected to pick up your child **within one hour** (you or an emergency contact listed in the Authorized Pick-up List). Children will not be allowed in the program if they are ill, have head lice, or have any communicable disease. Children must then be free from all symptoms for 24 hours before they will be permitted to return to the program. The program's staff members have the right to refuse any child who shows signs of illness from camp.

If a child is taking a prescribed medication, the site leader can administer medication **only** if they have a completed medical form on file, which is obtained on the first day of the program. Your child may not keep any medication in their personal bags. All medications must be given to the Site Leader.

Spare the Air Days:

In the event of a "Spare the Air Day", we will halt all outdoor activities and go inside if the AQI hits 150 or above.



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Discipline Policy:

Inappropriate behavior will be addressed promptly. The situation will be discussed by the staff and the participant(s) involved. The parent(s)/guardian(s) of the child(s) will be made aware of the situation at the end of the day of camp, or, if necessary, will be called during camp.

The following disciplinary format is used:

- 1st Offense - Warning.
- 2nd Offense - Removal from activity and loss of a portion of swim time for that day.
- 3rd Offense - Removal from activity. The child will speak with the Recreation Coordinator, and the parent/guardian will be contacted.

Possible consequences include a "cool off" period where the child will sit out from an activity. If a child is physically aggressive, uncooperative, violent, or disrespectful, the child will be sent home. Parents/guardians will always be notified the day of a behavioral incident or an incident/accident if their child was involved. Further offenses may result in the child being sent home or suspended from one or more full days of camp. If the behavior is such that the child is a danger to themselves or others, or is interfering with the program, you may be asked to pick up your child immediately. **No refund will be issued for children missing camp due to negative behavior exhibited by them.**

- 3rd Offense - Permanent removal from the program.

The actions taken by staff will be governed by the age of the child and the behavior. If the staff feels the child is a danger to him/herself or others, they will be immediately suspended from the program. Our program is recreational in nature; staff is not trained in psychological or behavioral disorders. Staff will attempt to work with the child and the parent/guardian within reason; however, the safety of all the children and our staff is paramount. No child will be allowed to participate if they threaten the safety of others.

Camp Attire:

Our youth programs include a variety of indoor and outdoor activities. We recommend that participants dress comfortably and be prepared for "messy" or "physical" activities. **Only athletic type shoes are allowed to be worn to camp. Sorry, NO flip flops or sandals are permitted except to wear during pool hours**

Camp Fees:

All our programs are supported by participant fees. Camp fees are all inclusive: it covers the Special Guest/Activity costs, Aquatics Center fees, and, of course, staffing, general camp supplies, etc. We strive to maintain affordable prices while offering a quality program, and ask for your understanding of our operating policies:

- Payment must accompany registration forms to guarantee space in our programs. Registration is open if space is available. There are **no refunds** after the program begins unless the camp closes due to unforeseen circumstances. Full refunds will be given if a program is canceled by Cameron Park CSD. **Participants canceling from a camp program must inform us by Friday, 4:00 p.m., two weeks prior to the program to receive a credit from the CSD.**



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Inclusion Policy and ADA:

Inclusion Policy:

Cameron Park Community Service District encourages and supports the participation of individuals with disabilities in meetings, facilities, activities, and programs. Please let us know if your child needs additional support to participate by contacting our Recreation Coordinator, Adam Domingo, at (530) 677-2231.

Americans with Disabilities Act of 1990 (ADA):

The U.S. Congress signed the Americans with Disabilities Act (ADA) in 1990, and it went into effect in 1992. The ADA is a civil rights law that prohibits discrimination against individuals with disabilities in access to jobs, public accommodations, government services and programs, public transportation, and telecommunications. Title II of the ADA adopts the general prohibitions against discrimination contained in Section 504 of the Rehabilitation Act of 1973, but applies to all state and local governments, regardless of whether they receive federal funding. It prohibits the city from denying persons with disabilities the equal opportunity to participate in its services, programs, or activities, either directly or indirectly through contractual arrangements.



Parent/Guardian Packet **Notes to the Parents:**

1. Please provide two nutritious snacks, lunch, and a **water bottle** for your child.
2. To ensure a good start to your child's day, please feed your child a nutritious breakfast.
3. **Please send your child to camp every day with sunscreen already applied, as staff members will not be applying sunscreen to campers.** They will remind campers to reapply and will monitor campers' applications - encouraging them to make sure they are adequately covered. We ask parents to practice this skill at home before camp starts so your camper will be successful in this task.
4. **ALL** personal items should be left at HOME. **Handheld video games, trading cards and toy weapons, toys/stuffed animals are not permitted.**
5. Space for the camper's belongings is VERY limited. Please only send your camper with a SMALL backpack filled with lunch, 2 snacks, a water bottle, a towel, and swim clothes.
6. Remember to pack a towel, sunscreen that your camper knows how to apply, and a change of clothes for the pool.
7. Items left "unclaimed" will be donated to charity one week after the program is concluded.
8. Daily crafts should be taken home at the end of each day. Any crafts left over at the end of the week will be thrown out.
9. Anyone who is not feeling well is expected to stay home.

Communication on Site: The Camp Site Director will always be equipped with the camp phone. The number to that phone will be posted on the white board at check-in. Please only utilize this number if you absolutely have to.

To further ensure that your child has a good experience at the pool, please apply sunscreen to your child PRIOR to their arrival at camp. You may send additional sunscreen with them. We recommend that they bring sandals to wear on the pool deck. Pool rules are explained to the children prior to reaching the pool deck. Children who do not comply with these rules may be required to stay with staff on the pool deck.

If you have concerns about your child's swimming ability or any other concerns regarding the Aquatics facility, please notify the Camp Supervisor. You can also contact the Recreation Specialist, Cora Pigg, at (530)-677-2231 or by email at recreation@cameronpark.org.

Sincerely,

Chelsea Foreman

Chelsea Foreman
Recreation Coordinator
Cameron Park Community Services District
(530)677-2231