CAMERON PARK COMMUNITY SERVICES DISTRICT

2024 SPRING ACTIVITY GUIDE MARCH - MAY AMERON PARK

Go@cameronparkcsd

Table of Contents

Managers Message	3
Program Registration	4
Special Events	5
Youth Programs	6
Youth Programs	7
Youth Programs	8
Adult Programs	9
Senior Programs	10
Aquatics	11
Facility Rentals	12
Department Messages	13
Service Providers	14
Parks & Facilities Directory	15

District Staff

Alan Gardner, General Manager GeneralManager@cameronpark.org

Christina Greek, Finance/HR Officer cgreek@cameronpark.org

Hayley Sadecki, Interim Recreation Supervisor hsadecki@cameronpark.org

Mike Grassle, Parks & Facilities Superintendent mgrassle@cameronpark.org

Matt Bustabade, Parks & Facilities Supervisor mbustabade@cameronpark.org

Jim Mog, CC&R Compliance Officer ccr@cameronpark.org

Mission Statement

To enrich our community's quality of life for the health, safety, and wellbeing of Cameron Park residents.

District Office

2502 Country Club Drive, Cameron Park CA, 95682 Phone: (530)677-2231 Email: CPCSD@cameronpark.org Office Hours: Monday-Thursday from 9:00am - 4:30pm Holiday Closures: May 27

Board Meetings

This Board Meetings are held on the 3rd Wednesday of each month at 6:30 p.m., at the Cameron Park Community Center.

Upcoming Meetings: April 17th and May 15th

Board of Directors

Monique Scobey, President Term: 12/20 - 12/26

Dawn Wolfson, Vice President Term: 12/22 - 12/26

Eric Aiston, Director Term: 12/20 - 12/24

Sidney Bazett, Director Term: 12/20 - 12/24

Tim Israel, Director Term: 12/22 - 12/26

MANAGERS MESSAGE

Letter from the General Manager

Introducing Alan Gardner

I am very happy to be part of a great team providing services to this District. This is my 5th government in a leadership role. I am aware of the issues with fire service and recreation. I will work with you all, the team and Board to find and implement the most beneficial solutions.



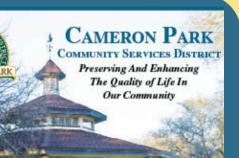
There currently is a survey on the District website that lets you help guide our path. Please know that my office is always open for a call or visit. If I'm on a call or have a visitor I will see you as soon as possible. If you want to know more about me please see linkedin.com/in/alanjgardner45.



Our New Motto is YES WE CAN

PLAN YOUR EVENTS WITH US! Please suggest activities for any age – day or night!

- * Special Events
- * Youth Programs
- * Adult Programs
- * Senior Programs
- * Aquatics
- * Facility Rentals
- * Volunteers Welcome



PROGRAMS * EVENTS * ACTIVITIES FOR ALL AGES AQUATICS * PARKS * FACILITY RENTALS

Stay Informed! Visit our website and subscribe to our FREE email service for News & Events or Meetings 2502 Country Club Drive, Cameron Park • 530-677-2231 • www.cameronpark.org

Sign up for our E-Newsletter!

Stay connected with the District by subscribing to our monthly E-Newsletter. New programs, events, department messages, community resources and more are included. **Use the QR Code to** visit our website at cameronpark.org and subscribe!



PROGRAM REGISTRATION



Three Ways to Register!

Choose the best registration method for you! Registration is on a first come first serve basis. No registration will be taken without payment. Major credit cards accepted for all methods of registration.

- **1**. **Online Registration** available 24 hours a day, an account name and password is required.
 - 2. Phone Registration call (530) 677-2231 during our office hours.
- **3**. Walk In Registration accepted during office hours. Cash, check, and major credit cards are accepted.

Recreation Participant Program Grants

The Cameron Park Community Foundation and Shingle Springs Band of Miwok Indians wishes to ensure every Cameron Park and Shingle Springs resident has an opportunity to participate in recreational programs provided by CPCSD (Annual Pass included).

Scan the QR code and fill out the application. \diagdown

4





SPECIAL EVENTS

Meet & Take Pictures With The Easter Bunny

Easter

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Come visit the Community Center, candy & treats provided

Saturday, March 16, 2024



Cameron Park Community Center - Classrooms A & B 2502 Country Club Dr., Cameron Park, CA

10:00 AM - 2:00 PM, Cost: Free for All

Spring Community Clean-Up Day!

Use this day to clean unwanted junk out of garages, yards of unwanted clippings and tree trimmings to properly dispose of these bulk items.

Join us on **Saturday, April 20th from 8:00am - 2:00pm at Camerado Middle School's parking lot.** Visit our website at cameronpark.org/special-events for more information!



In replace of our annual Rasmussen Easter Egg-Hunt, we will be hosting a smaller Egg Hunt at the Community Center in addition to the Easter Open House from 10:00am - 2:00pm on March 16th!

The Egg Hunt will include eggs of all colors and 8 Golden Eggs! Eggs will be hidden in our Quad and in the landscaping between the parking lot and fence, NOT in our facilities. If you find a Golden Egg, bring it to a **CPCSD** representative at the check in table to claim a sponsor Easter Basket. We are accepting **ONE** Golden Egg per family. Good luck hunting!



YOUTH PROGRAMS

<u>Soccer Shots</u>

Soccer Shots Classic 1

Soccer Shots 😳

This high-energy program introduces children to fundamental soccer principles, such as using your feet, dribbling and basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

Day	Dates	Time	Ages	Fee
Tues	Mar 19 - May 4	4:00pm - 4:30pm	2 - 3	\$198.00

Soccer Shots Classic 2

This program utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation.

Day	Dates	Time	Ages	Fee
Tues	Mar 19 - May 4	4:40pm - 5:15pm	3 - 5	\$198.00

Soccer Shots Premier

This program focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate setting.

Day	Dates	Time	Ages	Fee
Tues	Mar 19 - May 4	5:20pm - 6:00pm	5 - 8	\$198.00

Speaking Spanish with Kids

Children kindergarten through 8th grade will learn Spanish from an experienced elementary teacher, Sharon Caputo. Through songs, dances, and games, the students will grow in their Spanish speaking skills.

Day	Dates	Time	Location	Ages	Fee
Wed	March 6 - May 1	4:00pm - 5:00pm	Classroom A	K - 8th Grade	\$80.00



Ballet

Ballet is the foundation of all dances, and we offer fun and supportive classes for the ages. Please look on the website for uniform requirements.

*Dance recital held April 24th for the April session.

Baby Ballet (ages 1 - 3)

Day	Dates	Time	Location	Fee
Fri	March 1 - March 22	9:00am - 9:30am	Dance Room	\$44.00
Fri	April 5 - April 19	9:00am - 9:30am	Dance Room	\$44.00
Fri	May 3 - May 24	9:00am - 9:30am	Dance Room	\$66.00

Pre-Ballet (ages 3-5)

Day	Dates	Time	Location	Fee
Fri	March 1 - March 22	9:30am - 10:15am	Dance Room	\$44.00
Fri	April 5 - April 19	9:30am - 10:15am	Dance Room	\$44.00
Fri	May 3 - May 24	9:30am - 10:15am	Dance Room	\$66.00

Ballet 1 (ages 5 - 12)

Day	Dates	Time	Location	Fee
Wed	Feb 28 - March 20	6:45pm - 7:30pm	Dance Room	\$44.00
Wed	April 3 - April 24	6:45pm - 7:30pm	Dance Room	\$44.00
Wed	May 1 - May 22	6:45pm - 7:30pm	Dance Room	\$44.00

3 @@cameronparkcsd

YOUTH PROGRAMS



Taekwondo Kinderkick

Each class is 30 minutes long and focuses on exercise, balance, coordination, attention, and self-control. This is an introductory class to the fun sport of Taekwondo, and is located at the Taekwondo Studio in Cameron Park!

Day	Dates	Time	Ages	Fee
	March 4 - April 24	5:30pm - 6:00pm	4 - 6	\$109.50

Kids White Belt

This program aims on improving your hand-eyefoot development. This class will introduce learning stances, kicks, and focus. It is located at the Taekwondo Studio in Cameron Park and a uniform is included!

Day	Dates	Time	Ages	Fee
	March 4 - April 24	6:00pm - 6:45pm	6 - 12	\$119

Teen/Adult White Belt

This class focuses on strikes, blocks, discipline, and building character and confidence. You'll work of a great sweat during this training! It is located at the Taekwondo Studio in Cameron Park!

Day	Dates	Time	Ages	Fee
Tues/ Th	March 5 - April 25	6:45pm - 7:30pm	12+	\$129.50

*Summer Camp Registration

Futsal League

Join the Futsal movement that is changing the way youth soccer players are developing their skills and advancing their footwork. This league will field teams in a mixed gender format, max of 8 players recommended on the roster, with 7 required. Futsal is a great way to get mastery of the foot skills and proper body mechanics that will naturally carry over into the outdoor game.

Please Note: Registration is for participants who have ALREADY joined a team. If you don't have a team, register as a free agent for \$85.

Day	Dates	Time	Ages	Fee
Sat/Sun	Feb 24 - March 24	12:00pm-9:00pm /8:30am-8:30pm	6 - 17	\$75.00
Sat/Sun	April 6 - May 5	12:00pm-9:00pm /8:30am-8:30pm	6 - 17	\$75.00

Futsal Clinics

Interested in trying futsal? Then our one-day Futsal clinics might be just for you! The 1.5-hour clinics are divided by age (5-8, 9-12, 13+) and offered on two different dates. They fill up quick!

Day	Dates	Time	Ages	Fee
Saturday	March 30	4:00pm-5:15pm 5:30pm-6:45pm 7:00pm-8:30pm	5-8 9-12 13+	\$20.00



YOUTH PROGRAMS

April 24

May 1 -

May 22

Dates

April 3 ·

April 24

May 1 -

May 22

Dates

April 2 -

April 23

May 7 -

May 28

April 6 -

April 27 May 4 -

May 25

Senior Modified Ballet

Time

9:00am

9:00am

Time

10:00am

10:00am

10:00am

10:00am

4:45pm

3.5 - 5

3.5 - 5

Ages

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50 +

4 - 5

4 - 5

4 - 5

4 - 5

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April 26

Location

CSD Dance

Room

CSD Dance

Room

Location

CSD Dance

Room

CSD Dance

Room

Offsite

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Offsite

Offiste

Ages Location

Fee

\$50

\$50

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<u>West Coast Dance Arts at the CSD!</u>

Junior Ballet/Jazz

Day	Time	Dates	Ages	Location	Fee
Wed	11:00am	April 3- April 24	6 - 8	CSD Dance Room	\$68
Wed	11:00am	May 1- May 22	6 - 8	CSD Dance Room	\$68

Check out the WCDA's studio offerings! Visit their website for more information.

Jr. Hip Hop/Jazz

Day	Time	Dates	Ages	Location	Fee
Thu	10:00am	April 4- April 25	6 - 8	Offsite	\$68
Thu	10:00am	May 2 - May 23	6 - 8	Offsite	\$68

Jr. Ballet/Jazz

Day	Time	Dates	Ages	Location	Fee
Tue	5:45pm	April 2 - April 23	6 - 8	Offsite	\$68
Tue	5:45pm	May 7 - May 28	6 - 8	Offsite	\$68

Lyrical I

Day	Time			Location	Fee
Mon	6:45pm	April 1 - April 22	9+	Offsite	\$68
Mon	6:45pm	May 6 - May 27	9+	Offsite	\$68

Adult Beginners Ballet

Day	Time	Dates	Ages	Location	Fee
Tue	9:00am	May 7- May 28	18+	Offsite	\$68
Tue	9:00am	April 2- April 23	18+	Offsite	\$68



Offsite

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ADULT PROGRAMS

Adult Programs



Adult Basketball League

Looking to get a workout in? Need an activity to do with your friends? Join our Adult Basketball League on Tuesday nights! Teams can be as large as 9 players. Check out our website for more information. Fee is per team.

Day	Dates	Time	Location	Fee
Tue	Apr 2 - May 15	6:00pm - 10:00pm	CSD Gym	\$440.00

Speaking Spanish Classes

Join retired elementary school teacher, Sharon Caputo, in her Speaking Spanish class! Learn Spanish from an experienced teacher through songs, dances, and games! You will learn conversational vocabulary and common phrases as well!

Beginning Spanish

This is an introductory level Spanish class. In this class you will learn basic Spanish vocabulary, pronunciation, and common phrases.

Day	Dates	Time	Location	Fee
Thurs	March 7 - May 2	5:30pm - 7:00pm	Classroom A	\$120.00

Intermediate Spanish

This class is for students with previous knowledge of Spanish. In this class you will work on verbs, speaking, and writing sentences.

Day	Dates	Time	Location	Fee
Wed	March 20 - May 15	5:30pm - 7:00pm	Classroom A	\$120.00

Intro Guitar and Let's Uke!

Looking to learn how to play an instrument, all you need is the instrument and book! Register now!

Intro Guitar

Day	Dates	Time	Location	Fee
Tue	Apr 9 - Apr 30	7:00pm - 7:45pm	Classroom A	\$46.00

Let's Uke!

Day	Dates	Time	Location	Fee
Tue	Apr 9 - Apr 30	6:15pm - 7:00pm	Classroom A	\$46.00

Zumba NEW!

Come join our new Latin inspired dance workout class to improve your coordination and sweat off those calories! **Want to try it out before committing to the whole class? Then register online now for the free trial class on April 1st** and we'll see you there.

Day	Dates	Time	Location	Fee
Mon	Apr 8 - Apr 29	5:30 pm - 6:30pm	Dance Room	\$35.00



Bird Watching Class

Join us as we immerse ourselves into nature and explore the fascinating world of birds together. This class takes place at Cameron Park Lake and requires registration to participate.

Day	Dates	Time	Location	Fee
Sat	May 4	8:00am - 11:00am	Cameron Park Lake	\$13.00

SENIOR PROGRAMS

Senior Programs



Modified Zumba

This is the perfect class for adults looking for Zumba, but at a lower intensity. Easy to follow choreography focusing on balance, range of motion, coordination, fitness, and more! Classes held in the Dance Room, Mon/Thurs \$35 (1 day/week), \$50 (2 days/week)

- March 4 March 28
- April 1 April 29
- May 2 May 30



Tai Chi for Good Health

Tai Chi can help balance your internal energy for a healthy mind, body and spirit. Classes are open to all levels. Class will meet with the choice of Tuesday mornings from 9am to 10am and/or Thursday evenings from 7pm to 8pm in the Dance Room.
\$44 for once a week, \$59 for twice a week.

- March 5th March 28th
- April 2nd April 25th
- May 7th May 30th

10

Free Programs						
Program	Days	Time	Location			
Gold Nugget Quilters Club	Wed	9:00am - 12:00pm	Classroom B			
Senior Social	Tues/ Thurs	10:00am - 1:00pm	Social Room			
EThe Reality of Our Mortality	Tues	10:00am - 12:00pm	Classroom B			

*To participate, please register on CPCSD's website or call our office. This class is tailored to address end-of-life planning for seniors.

*To participate, please contact the Senior Nutrition program by 9:00am at (530)-621-6160 to reserve your meal for that day.



Open Gym Pickleball

CPCSD is excited to continue our Pickleball Open Gym Program! Whether you are looking to escape the heat or the rain this Spring, we have 3 courts ready for you in our Gym!

Days: Mon - Fri

Location: CPCSD Gym

Time: 9:00am - 1:00pm

Fee: \$4 Resident/ \$5 Non-Resident drop-in rate, or \$54 Resident/ \$60 Non-Resident monthly pass. FREE to annual pass holders.

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AQUATICS

Lifeguard Class

Date: April 7th Fee: \$200 Location: CPCSD Pool Time: 10:00am - 3:00pm *limited spots available*



Lap SwimGet your workout in by reserving a lanefor lap swim. Don't worry, our pool isheated so even as the weather getscolder, you'll be able continue your laps!Dates: March 3rd - May 23rdLocation: CPCSD Community PoolDays: Monday - Thursday & SundayTime: 6:30am - 7:30am (Mon - Thurs),7:00am - 8:00am (Sun)Fee: \$4.00 per swim. Free for annual pass

holders, but registration is still required.

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CSD Annual Pass

CPCSD offers annual passes that give's holders access to the Lake, Pool, pickleball in our Gym, and discounts on classes at the pool and CSD events. They are available all year long and are valid for a FULL YEAR from the date of purchase!

Type of Pass	Resident	Non-Resident	
Individual	\$100	\$115	
Family (up to 5)	\$215	\$240	
Senior/Veteran	\$72	\$80	
Additional (up to 3)	\$40	\$46	

Rec Swim returns May 27th!

American

Red Cross

<u>*Note: Price is effective on April 1st</u>
 A Family Pass can only have 2 adults per household. You must be 62+ years old to receive a Senior pass. Proof of military service will need to be provided to receive a Veterans pass.

FACILITY RENTALS



Assembly Hall

This is the perfect facility for a variety of events from community & corporate programs to weddings & parties.

- Use of Stage
- Use of projector, screen and lectern
- Commercial Kitchen attached to hall
- Tables and chairs set to your specifications
- Assembly style seating maximum = 356
- Dining style seating maximum = 250/200 with dance area

*If you are looking for all these amenities but in a smaller space, check out our website about half room rentals!



The perfect space for smaller gatherings. In addition to tables and chairs, the room has a large screen available for use.



This room features a chalk board wall which is a fun addition to any child's birthday party!



This room includes a TV, which can be used for photo slideshows, movies & powerpoint presentations!

Fill out an application today!



Submit it to the front office or email it to cpcsd@cameronpark.org This full court gym is perfect for basketball practices, volleyball leagues or any other sport rental. Gym, is lined for full court to two half courts for volleyball. Space includes electric bleachers.

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12

DEPARTMENT/SERVICE PROVIDER

CC & R and Architectural Review Office

Thank you to our residents for working with us to improve the curb appeal of neighborhoods in Cameron Park. Your effort has been noticed by the CSD and your neighbors. We appreciate your attention to the CC&R (Covenants, Conditions, & Restrictions) requirements.

CC&R's Requirements:

- TRAILERS OF ANY TYPE, TRACTOR TRUCKS, BOATS, MOTORHOMES shall be properly stored or parked in such a manner as to not be visible from roadways or objectionable views to property owners.
- PROPERLY STORE MATERIALS All goods, materials, equipment of any type shall be stored out of view from any roads and neighbors. Staff and neighbors are also asking that you tuck your garbage cans around the side of your frontage if you do not have a can storage. El Dorado Disposal recommends that your cans be out of sight of the frontage.
- FENCES Our Fence Guidelines are on our website for your review. Please remember, frontage fences enclosing the front yard are not allowed over 42" in height and all fences require approval so you do not get hit with a domestic dispute. Frontage fences that exceed this height will be required to correct the fence line at your own expense.
- LANDSCAPE It is important to keep your frontage clean and clear of excess vegetation. These efforts will help now with watershed and the weed abatement period performed by our Fire Department.



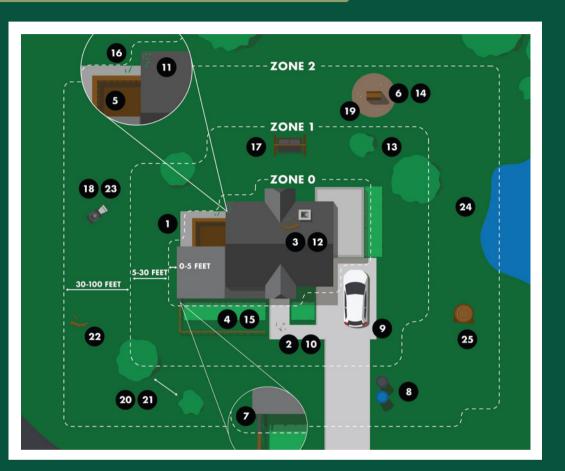
A copy of your CC&Rs and a map identifying your neighborhood is available online at <u>www.cameronpark.org</u>.

A Message from El Dorado Disposal



SERVICE PROVIDERS

A Message from CalFIRE



Zone 0 extends from zero to five feet from buildings, structures, decks, etc.

- Use hardscape like gravel, pavers, concrete, and other noncombustible mulch materials. No combustible bark or mulch.
- Remove all dead and dying weeds, grass, branches, and vegetative debris. Check your roofs, gutters, decks, porches, stairways, etc.
- Remove all branches within 10 feet of any chimney or stovepipe outlet.
- Limit combustible items (outdoor furniture, planters, etc.) on top of decks.
- 5. Relocate firewood and lumber to Zone 2.
- Replace combustible fencing, gates, and arbors attached to the home with noncombustible alternatives.
- Consider relocating garbage and recycling containers outside this zone.
- Consider relocating boats, RVs, vehicles, and other combustible items outside this zone.

Zone 1 extends five to 30 feet from buildings, decks, and other structures.

- Remove all dead plants, grass, and weeds (vegetation).
- Remove dead or dry leaves and pine needles from your yard, roof, and rain gutters.
- Remove branches that hang over your roof and keep dead branches 10 feet away from your chimney or stovepipe outlet.
- 12. Trim trees regularly to keep branches a minimum of 10 feet from other trees.
- Relocate exposed wood piles outside of Zone 1.
- Remove or prune flammable plants and shrubs near windows.
- Remove vegetation and items that could catch fire from around and under decks.
- Create a separation between trees, shrubs, and items that could catch fire, such as patio furniture, wood piles, swing sets, etc.

Do you know your Zones?

Zones 1 and 2 currently make up the 100 feet of defensible space required by law. Assembly Bill 3074, passed into law in 2020, requires a third zone for defensible space. This law requires the Board of Forestry and Fire Protection to develop the regulation for a new emberresistant zone (Zone 0) within 0 to 5 feet of the home by January 1, 2023.

The intensity of wildfire fuel management varies within the 100-foot perimeter of the home, with more intense fuels' reduction occurring closer to your home. Start at the home and work your way out to 100 feet or to your property line, whichever is closer.

All zones

- Mow before 10 a.m., but never when it's windy or excessively dry.
- Protect water quality. Do not clear vegetation near waterways to bare soil. Vegetation removal can cause soil erosion—especially on steep slopes.
- Logs or stumps embedded in the soil must be removed in Zone 0. In Zones 1 and 2 they need to be removed or isolated from other vegetation.





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Zone 2 extends from 30 feet to

18. All exposed wood piles must have a

them, down to bare mineral soil,

19. Create horizontal space between shrubs

and trees. (See diagram on page 9)

shrubs, and trees. (See diagram on

20. Create vertical space between grass,

21. Remove fallen leaves, needles, twigs,

bark, cones, and small branches.

However, they may be permitted

to a depth of three inches.

minimum of 10 feet clearance around

height of four inches.

in all directions.

page 9)

decks, etc.

17

100 feet from buildings, structures,

Cut or mow annual grasses to a maximum

PARKS & FACILITIES DIRECTORY

